

Emmaus Retreat: DC Young Adults on the Journey

This year's theme: What's Lutheran about my every day life?

All young adults from the Metro DC Synod are invited to join us for the weekend of September 17-19 for a retreat and recreation at Mar-Lu Ridge www.mar-lu-ridge.org – just over an hour from downtown DC. Get an early start by going out Friday evening or plan to arrive by 10am Saturday. There will be some planned activities around our theme, but also free time for hiking, canoeing or doing the ropes course. It is a beautiful area and we should hit the start of the turning leaves!

Overnight accommodations are available for both Fri (8 spaces) and Saturday (35 spaces) nights in cabins with full bath. Day-trippers are welcome, but please consider staying over 1 or both nights as there will be fellowship late into the night you might not want to miss!! Meals will be prepared by camp staff and eaten in the dining area.

Suggested cost is \$65/person to cover retreat expenses. Please indicate your contribution on the registration form which you may download (link to form, please) and give to Daniel Weir or one of the ushers.